

# THE BAR & KITCHEN

## BREAKFAST MENU

MONDAY - FRIDAY

### FRESH BAKED GOODS

#### CROISSANT

Strawberry Jam

#### PAIN AU CHOCOLATE

Marmalade

#### CINNAMON SWIRL

Stewed Apple

#### SOURDOUGH TOAST

With Jam and Butter

### PLATES & BOWLS

#### GRANOLA \*

Banana, Blueberries, Raw Coconut Flakes, Acai Yoghurt, Seeds, Banana Syrup

#### FRUIT COCKTAIL \* PB

Cantaloupe, Pineapple, Blueberries, Black Grapes, Raspberries

#### SWEET PANCAKES

Yoghurt, Strawberries, Kiwi, Chia, Elderflower Syrup

#### SAVOURY PANCAKES

Smoked Bacon, Maple Syrup, Sriracha, Butter

#### EGGS ON TOAST

Sourdough Toast Topped with Free Range Scrambled Eggs  
Add Cured Back Bacon **2.5** | Add Smoked Salmon **6**

#### SMASHED AVOCADO

Sourdough, House Labne, Aleppo Chilli  
Add Poached Eggs **2**

#### FRY

Cured Back Bacon, Cumberland Sausages, Baked Tomatoes,  
Flat Mushrooms, Free Range Poached Egg, Sourdough Toast

#### PLANT-BASED FRY PB

Plant Based Sausages, Spiced Tohu, Plant-Based Scrambled Egg,  
Baked Tomatoes, Flat Mushrooms, Sourdough Toast

#### CRAB BENEDICT

Toasted Sourdough, Handpicked Devon Crab, Crème Fraîche,  
Lemon Caper Salsa, Poached Eggs, Hollandaise Sauce, Nori Salt

#### EXTRAS

Add Free Range Eggs **2** | Add Smoked salmon **6**  
| Add Cured Back Bacon **2.5**

### COFFEE

4	LATTE	3.3
	FLAT WHITE	3.2
4	CAPPUCCINO	3.3
	AMERICANO	2.9
	DOUBLE ESPRESSO	2.5
4	MACCHIATO	2.7
	CORTADO	2.8
4	ICED LATTE	3.4
	ALTERNATIVE MILKS	FREE
	Including Almond, Coconut, Oat and Soya	
	SYRUPS	0.5
	Vanilla, Caramel, Hazelnut	

### HOT DRINKS

	HOT CHOCOLATE	3.4
9	MOCHA	3.5
	CHAI LATTE	3.4
10	MATCHA LATTE	4.2
	OMGTEA Matcha	
	TURMERIC LATTE	3.4
10.5	BEETROOT LATTE	3.4
	HOOGLY TEA	2.5
7.5	Chill-out Mint, Classic Green, Earl Grey, Decaf English Breakfast, English Breakfast, Rooibos	

### COLD - PRESSED JUICES

8.5	GREENS PRESS	5.5
	Celery, Cucumber, Spinach, Kale, Pear, Lime, Pineapple	
12	CARROT PRESS	5.5
	Carrot, Orange, Ginger, Lemon, Apple	
	RED PRESS	5.5
10	Beetroot, Carrot, Lemon, Apple, Pineapple	
	GINGER SHOT	3.25
	Ginger & Apple	



WIFI: RockwaterGuest | RW2020HOVE

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[PB] Plant Based ingredients. [\*] No Gluten containing ingredients.

All our food is freshly prepared in our open kitchens so we cannot guarantee the absence of any unintentional allergens in any of our dishes or drinks.  
For further information please speak to one of our managers. Please let your server know if you have any allergies or intolerances.  
An optional service charge of 12.5% will be added to your bill. Every penny of this is shared between the team in this restaurant.